A person is seen from behind, standing in a field of tall grass and wildflowers. The image has a strong blue color cast. The person's arms are slightly out to the sides. In the background, there is a dense line of trees under a clear sky.

There are many ways an organization can become more trauma-informed, resilience-oriented, and equitable!

This post will explore different areas or domains where you and your organization might want to make changes.

Governance and Leadership

Organization leadership supports and invests in implementing and sustaining a trauma-informed approach.

There's an identified point of responsibility to lead and oversee this work.

There's inclusion of peer voice.



Policy

There are written policies and protocols establishing a trauma-informed approach as an essential part of the organizational mission.

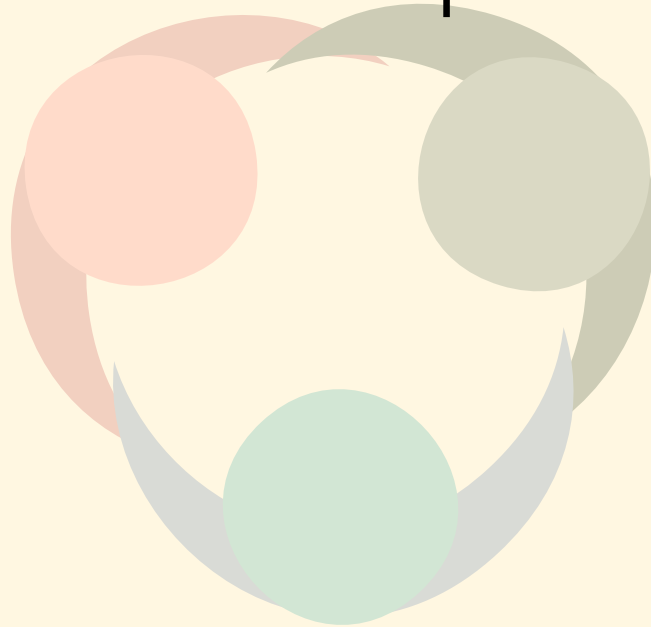
This approach must be built into the practices and policies, not dependent on training workshops or a well-intentioned leader.



Physical Environment of the Organization

The physical environment of the organization promotes a sense of safety and collaboration.

The physical setting also supports the collaborative aspect of the trauma-informed approach through openness, transparency, and shared spaces.



Engagement and Involvement

People in recovery, trauma survivors, people receiving services, and family members have involvement, voice, and meaningful choice.



Cross-Sector Collaboration

Collaboration across sectors is built on a shared understanding of trauma and principles of a trauma-informed approach.



Screening, Assessment, Prevention, & Treatment Services

Trauma-specific interventions and resilience-based approaches are acceptable, effective, and available for individuals and families seeking services.



Training and Workforce Development

The organization's HR system incorporates trauma-informed principles in hiring, supervision, and staff evaluation.



Progress Monitoring and Quality Assurance

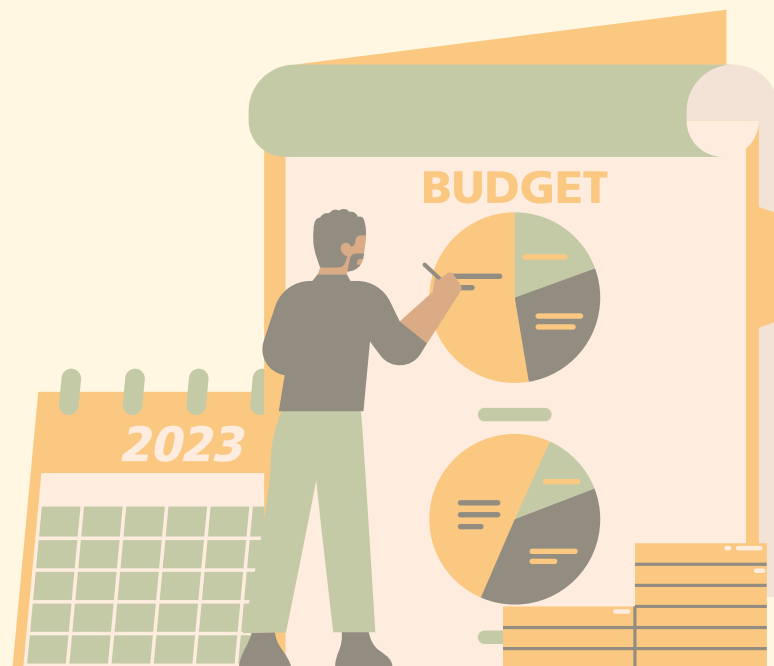
Monitoring includes assessment of trauma-informed principles and effective use of evidence-based trauma-specific screening, assessments, and treatment.



Financing

Financing structures support a trauma-informed approach.

Resources are available for development of safe facilities, establishment of peer support, provision of evidence-supported trauma screening, assessment, treatment, prevention, and more.



Evaluation

Evaluations of the effectiveness of services reflect an understanding of trauma and resilience.

